

STORYTIME AT HOME

Bean Bag Rhymes

WAY UP HIGH IN THE APPLE TREE

Way up high in the apple tree (*raise bean bag above head*)

One little apple smiled at me (*shake bean bag*)

I shook that tree as hard as I could (*shake whole body*)

Down came the apple (*drop bean bag into lap*)

Mmmm it was good (*rub belly*)

FROGGY'S HOPPING

(Tune of "Here We Go Round the Mulberry Bush")

Froggy's hopping on my toes, on my toes, on my toes (*hop bean bag on toes*)

Froggy's hopping on my toes

RIIIIIIBBIT (*hop bean bag to knees*)

Froggy's hopping on my knees...

Froggy's hopping on my tummy...

Froggy's hopping on my shoulder...

Froggy's hopping on my head, on my head, on my head (*balance bean bag on head*)

Froggy's hopping on my head

RIIIIIIBBIT (*drop bean bag to floor*)

Look! He hopped away!

WALK ALONG THE TIGHTROPE

(Place bean bag on head and try to balance while walking)

With my bean bag on my head

I stand so very tall

I walk along my tightrope

And will not let it fall

BEAN BAG SONG

(Tune of "If You're Happy and You Know it")

Put your bean bag on your toes, on your toes

Put your bean bag on your toes, on your toes

Put your bean bag on your toes, then move it to your nose

Put your bean bag on your nose, on your nose

Put your bean bag on your knee, on your knee

Put your bean bag on your knee, on your knee

Put your bean bag on your knee, then shake it just like me

Put your bean bag on your knee, on your knee

STORYTIME AT HOME

Bean Bag Songs

FOLLOWING DIRECTIONS SONGS

"Bean Bag Rock" Kids Ensemble
"Bean Bag Parade" Kimbo Children's Music
"Bean Bag Boogie" The Learning Station
"Pass the Bean Bag" Kids Ensemble
"Bean Bag Kick Line" Kimbo Children's Music

THROWING & CATCHING SONGS

"Bean Bag Catch" Kimbo's Children's Music
"Hot Potato" The Wiggles
"Beanie's Song" Kimbo's Children's Music
"Bean Bag Carousel" Kimbo's Children's Music

OTHER FUN SONGS FOR BEAN BAGS

"What Could a Bean Bag Be?" Hap Palmer
"Beanbag Balance" Marie Barnett



BEAN BAGS BUILD MOTOR SKILLS!

MIDLINE CROSSING: Encourage your little one to pass the bean bag from their right hand to the left side of their body and vice versa.

HAND-EYE COORDINATION: Set up some targets or baskets for a bean bag toss, or play catch with the bean bag.

BALANCE: Try having your little one place the bean bag on their head and walk.